



Championing Healthy, Active Kids!

Physical and Health Education Canada (PHE Canada) empowers the PHE Community with quality programs, professional development services, and community activations to ensure equitable access to the benefits of quality physical and health education and healthy learning environments.

Teaching Tools

Access quality PHE programs and activities, such as At My Best, Move Think Learn, Teach Resiliency, Always Changing, Passport for Life, and more, to support your students and PHE programming.



Community

Connect, recognize, and empower PHE Champions through National Awards, post-secondary PHE Student Chapters, the National PHE Mentorship Program, and annual funding opportunities.



Professional Development

Advance your knowledge and capacity through the PHE Journal, e-learning certification courses, guidebooks, toolkits, and research covering an array of PHE and Healthy School topics.



Events

Connect with community champions to share ideas, research, and best practices at the PHE National Conference, Research Forum, Healthy Schools Forum, and various virtual events.



Join PHE Canada for free as a Supporter or a paid Professional Member to get connected with the PHE Community, access unique offers and benefits, and receive the latest news and updates from PHE Canada. Visit www.phecanada.ca/join.

Contact Us



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